Green Gulch Farm Farm and Garden/Land Application Form

Name		Date	
Age D.O.B			
Address			
City	State	Zip	Country
Phone	·	Alternate Phone	
E-mail			
I identify my Gender as (for ho What Gender pronoun do you	u go by (he, she, the)		
Please put a head shot		applying for and atta	nt Program am Apprenticeship renticeship rden Apprenticeship od
Name	-	Relationship	

Email	Phone
Physician	Phone
Insurance Company	Phone
Insurance Policy Number	

Have you practiced at San Francisco Zen Center before? If so, please give dates and briefly describe (Tassajara/City Center/Green Gulch, summer or guest student/WPA/practice periods)

HOUSING Roommate options (please select all that apply):

- $\hfill\square$ I want to room with other women
- \Box I want to room with other men
- $\hfill\square$ I don't mind being in a mixed-gender room
- $\hfill\square$ I want to be in a mixed-gender room

Factors affecting sleep (please check all that apply)

- $\hfill\square$ Have insomnia or other sleep disorder
- \Box Snore
- Other (please describe)_____

HEALTH RECORD Circle Yes or No for the following questions.

•	Do you have any long-term medical conditions, special medical needs, or a history of physical illness or limitations?	Yes	No
•	Have you had a serious illness or major surgery within the last 5 years?	Yes	No
•	Do you have any physical conditions or repetitive stress injuries that might limit your meditation or work practice?	Yes	No
•	Have you ever been hospitalized for a psychological condition?	Yes	No
•	Have you ever been treated for a psychological condition?	Yes	No
•	Are you <u>currently</u> receiving treatment for a psychological condition?	Yes	No
-	Do you have any dietary or health restrictions?	Yes	No
-	Do you have any serious allergies?	Yes	No
•	Do you have any hearing difficulties or impairment in vision?	Yes	No
-	Do you smoke, or use any kind of tobacco or nicotine products?	Yes	No
•	Do you have any history of substance abuse, drug or alcohol addiction, or eating disorder?	Yes	No
•	Have you participated in a recovery or treatment program for drug or alcohol addiction or an eating disorder?	Yes	No

If you answered Yes to any question, please describe in your Personal Statement (below), including dates when applicable.

MEDICATIONS Please list below any prescription medication you are taking, including dosage and frequency of intake. (No need to include birth control or cosmetic prescriptions.)

Date of your last tetnus shot: _____

Have you ever been convicted of a felony or serious misdemeanor? Yes No

If yes, please state the nature of the offense(s), when and where convicted, and disposition of the case. Convictions for marijuana-related offenses that are more than two years old need not be listed.

Note: No applicant will be denied residency solely on the grounds of conviction of a criminal offense.

How did you hear about Green Gulch?

PERSONAL STATEMENT

Please include the following in your personal statement, and number each section as follows:

- I. Please write a brief personal history to help us get to know you a bit
- 2. Describe any previous experience in Buddhist or other meditation practices
- 3. What is your intention in applying to practice at Green Gulch at this time?
- 4. Tell us about your particular interest in the Green Gulch Farm or Garden/Land Apprenticeship
- 5. Describe your work experience and skills, including any farm or garden experience you have.
- 6. Describe your interest in continuing to train beyond the initial visit, if any
- 7. Describe any physical or mental health issues, including any noted under Health Record, above

Please indicate which program(s) you are interested in, and indicate your order of preference, if applicable:



Farm Apprenticeship

Garden Apprenticeship

PROGRAM SPECIFIC QUESTIONS

Circle Yes or No for the following questions.

0	Do you have any experience using hand or power tools?	Yes	No
0	Do you have any carpentry experience?	Yes	No
0	Do you have any plumbing experience?	Yes	No
0	Do you have any auto mechanic skills?	Yes	No
0	Do you have any experience driving large trucks?	Yes	No

- Do you have any experience driving tractors or other heavy machinery? Yes No
- Do you have any other specialized skills you think we should know about? Yes No

If you answered Yes to any question, please describe in more detail and append to your personal statement.

Are you currently ir	a relationship?	Yes 🗌	No 🗌
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If yes, please describe what expectations you have to spend time together during the apprenticeship program.

WORK PRACTICE REQUIREMENTS (Please see specific program schedules for more detail)

- 1. Following the schedule of morning and evening meditation, and morning and evening services of bowing and chanting as work allows.
- 2. Following the work practice schedule.
- 3. Attending Dharma talks, classes and ceremonies.
- 4. Attending crew meetings and Community meetings.
- 5. Participating in monthly one-day sittings, either in the Zendo or kitchen.
- 6. Refraining from drug and alcohol use.
- 7. Refraining from initiating any new sexual relationships.
- 8. Not leaving the Green Gulch watershed for the first month of the apprenticeship (except for emergencies).
- 9. Following the Green Gulch Residential Guidelines (Shingi).
- 10. Communicating with Crew Head and the Tanto or Director in a timely way if having difficulty with any of these requirements.

I agree to honor these requirements, have read the Green Gulch Residential Guidelines (Shingi) posted on the website application process page for this program, and agree to follow them completely.

Signature

Please note that if the program you're applying for is full, there may be space in another apprenticeship program. Please fill out a supplemental form for <u>each</u> program you'd like to be considered for, and indicate your order of preference, if applicable.