

Sesshin Registration Form

Please mail this completed form with full payment of \$525 non-members, \$472.50 members. (We offer a few partial scholarships for people with limited income—please call the main office for details.)

Name:

Address:

Phone Number:

Email Address:

Please answer all of the questions below and add any other information you feel it would be helpful for us to know.

Which sesshin are you registering for?

1. What is your one-day and seven-day sesshin experience at Zen Center?
2. What other meditation intensives have you attended?
3. Do you have any physical problems which would require special attention?
4. Will you need to sit in a chair for any part of the sesshin or for meals? Please specify if you know when you will need a chair.
5. Do you own an oryoki set or will you have to purchase one from us? (\$55 plus tax)
6. Do you have any food allergies or dietary restrictions?
7. Are you taking any medicine that might affect your participation?
8. Do you have any special sleeping needs? (All sleeping accommodations are shared or dormitory. There are no private rooms. Some of the beds are foam futons on the floor.)
9. Can you follow the schedule completely, including arriving in time for orientation (Sunday at 3 PM) and staying until the end (Sunday at 5 PM)?